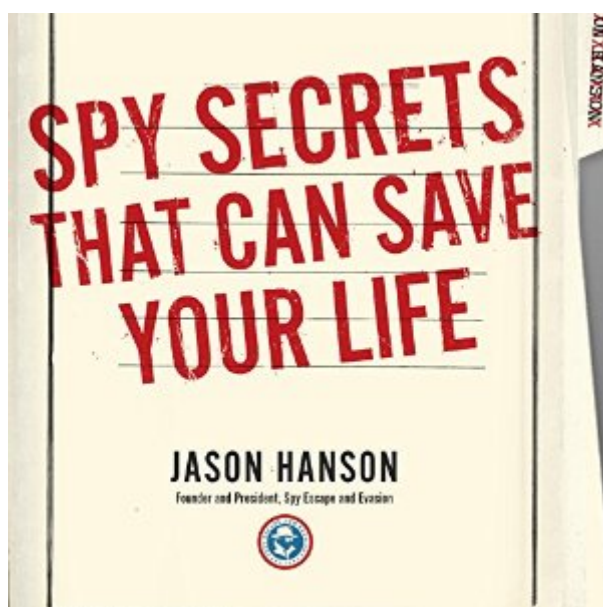


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# **Spy Secrets That Can Save Your Life: A Former CIA Officer Reveals Safety And Survival Techniques To Keep You And Your Family Protected**



## Synopsis

When Jason Hanson joined the CIA in 2003, he never imagined that the same tactics he used as a CIA officer for counterintelligence, surveillance, and protecting agency personnel would prove to be essential in every day civilian life. In addition to escaping handcuffs, picking locks, and spotting when someone is telling a lie, he can improvise a self-defense weapon, pack a perfect emergency kit, and disappear off the grid if necessary. He has also honed his "positive awareness" - a heightened sense of his surroundings that allows him to spot suspicious and potentially dangerous behavior - on the street, in a taxi, at the airport, when dining out, or in any other situation. In his engaging and empowering book *Spy Secrets That Can Save Your Life*, Jason shares this know-how with listeners, revealing how to: Prevent home invasions, carjackings, muggings, and other violent crimes Run countersurveillance and avoid becoming a soft target Recognize common scams at home and abroad Become a human lie detector in any setting, including business negotiations Gain peace of mind by being prepared for anything instead of being uninformed or afraid With the skill of a trained operative and the reliability of a suburban dad, Jason Hanson brings his top-level training to everyday Americans in this must-have guide to staying safe in an increasingly dangerous world.

## Book Information

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## Customer Reviews

• *Spy Secrets That Can Save Your Life: A Former CIA Officer Reveals Safety and Survival Techniques to Keep You and Your Family Protected* • is a book by Jason Hanson, who has become more popular since appearing on ABC's *Shark Tank* • and making a deal with

Daymond John. Despite the "CIA" angle that is used for marketing, this book contains some solid advice on safety, security and survival. The book is written in a conversational style that is easy to understand and conveys information that most people really should know. I teach the same and similar information in my safety programs. The book is divided into these twelve chapters: One: Survival Intelligence. A good primer on being self-reliant and why you should know the information in this book. I really like that he points out that movement saves lives. Two: Situational Awareness. The cornerstone of staying safe, and Hanson bases his chapter on the classic color code of Col. Cooper. I liked that he also includes some pre-incident indicators and the concept of establishing a baseline. Three: Your Spy Escape And Evasion Kit. Good basic guide to gear to have on you, in your car, at your home, and ready to bug out. Four: Become An Escape Artist. This chapter teaches the basics to escape from rope, handcuffs, zip ties and duct tape. Also explains the basics of hot wiring a car, and how to break car windows. Very bare bones information on picking locks. Five: The Impenetrable Home. Strategies to criminal proof your home such as thinking like a criminal, delivery people, casing your own home, dogs, peepholes, doors, locks, alarms, lighting, windows, and so on. Six: Travel Safety. Tip to travel safe. These include when flying, taxis, hotels, and where you go.

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